

BUDDHISM AS A SCIENCE OF MIND

A weekend course with

TIBETAN LAMA JIGMÉ NAMGYAL

Buddhism teaches us to examine our minds, source of both happiness and suffering, and reveals how to find inner peace. Its' message appeals to people of all religions or of none.




Saturday 13th & Sunday 14th of May

CENTER, Feakle, Co. Clare

The course runs from 11.00am to 5.00pm each day. The cost is €30 for one day or €50 for the weekend including a light lunch of soup and salad. Feel free to bring along extra food for sharing at lunch time. The weekend forms a complete teaching so attendance for both days is preferable. However, those who are unable to commit to both days are welcome to attend one.

Contact details: Vicki (061) 924974 centerfeakle@gmail.com or Derek (087) 6371010 derekod@mac.com

Registration requested by 10 May. You can find us on  Google Maps